



MEDIA KIT

GLOBAL GIRLS INITIATIVE



About Global Girls Initiative

Global Girls Initiative is a 501(c)(3) nonprofit organization based out of Tampa, FL with a mission to end period poverty by providing free menstrual hygiene products and educational services to youth and students in underserved communities to improve overall health, education, and confidence. GGI envisions a world where periods are a normalized topic and every menstruator has access to the menstrual resources they need.

Without access to period products, a basic hygiene necessity, girls turn towards unsanitary alternatives, negatively affecting their physical health. However, the issue goes beyond this, impacting teens' emotional and mental well-being. Girls miss out on valuable class time, are unable to participate in extracurricular activities, take on high tolls of stress, and lose confidence. By providing girls with period products and menstrual education, Global Girls Initiative is able to ensure that every girl can reach her full potential by allowing her to feel comfortable and confident with her cycle.



**GLOBAL
GIRLS
INITIATIVE**

400,000

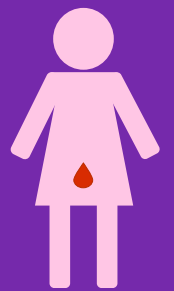
**Menstrual
Hygiene**

PRODUCTS
DONATED



50,000

Girls &
Menstruators
Impacted



50 COMMUNITY
OUTREACH



GLOBAL GIRLS INITIATIVE

Aanya Patel

FOUNDER



An advocate for social change and a public speaker, Aanya Patel founded Global Girls Initiative at the age of 14. Through advocacy, her mission is to remove the stigma surrounding periods and provide free menstrual hygiene products and education accessibility. Aanya has innovated and branded a cost-effective Menstrual Hygiene dispenser that holds different brands and sizes of menstrual products. These dispensers have been installed in over 50+ Title I middle & high schools and universities in Florida impacting over 50,000 students.

"Menstruation shouldn't affect your education. Period".

Additionally, she has worked with Florida House of Representative member Kelly Skidmore to pass a Florida law (HB 389 - Menstrual Hygiene Products in Public Schools) authorizing school districts to make menstrual hygiene products available, at no charge. Aanya is working with different state representatives nationwide to help pass legislation to provide period products for schools and universities at no charge.

Aanya has been recognized for her work by Procter & Gamble's *Always* as a Period Hero, named a Goal Getter by the Tampa Bay Lightning, and awarded the Spirit of Community Award by the Florida Commission on the Status of Women.

3 PROGRAMS

1

Period Product Donations

Donated over 400,000-period products to Title I schools, homeless shelters, refugee organizations, youth based centers. We work with YMCA and Boys & Girls Club to donate period products.

2

Period Care Menstrual Dispensers Program

Innovated and branded cost-effective, high-capacity dispenser that holds all brands and sizes of period products. These dispensers have been placed in over 50+ educational facilities including all of Hillsborough County's Title I middle and high schools, Johns Hopkins University, University of Tampa, etc.

3

Period Awareness with Dignity & Self-Esteem (P.A.D.S.)- Educational Program

Partnered with BayCare Hospital to conduct PADS educational workshops and teach girls ages 8+ about their menstrual cycles. The workshop aims to close the menstrual health gap in the school curriculum, prevent the feeling of fear when stepping into puberty, and remove the stigma associated with menstruation. The workshop teaches the biological aspect of periods but also incorporates practical information including how to modify nutrition and exercise for peak mental and physical health during all 4 phases of the menstrual cycle.

ARTICLES



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MEDIA



PARTNERSHIPS



Procter & Gamble

always

PERIOD.

THE MENSTRUAL MOVEMENT



Hillsborough County
PUBLIC SCHOOLS
Preparing Students for Life



THE UNIVERSITY
OF **TAMPA**



BayCare
St. Joseph's Hospital
BayCare Health System



JOHNS HOPKINS
UNIVERSITY

Period Poverty Statistics:



1 IN 4

Teens in the US miss school because they lack access to period products

86%

Of menstruators have started their period in public without the supplies they need.

79%

Of girls feel they lack proper education about menstrual health



1 IN 4

Teens in the US have struggled to afford period products or were not able to purchase them at all.*



CONTACT US



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